



Pittsfield

Family YMCA

# YMCA HEALTHY KIDS® DAY

Save the Date:

Saturday,

April 17th

10 a.m. to 1 p.m.

**FREE** to all  
children of the  
community

Jump Rope  
for Heart

Family  
Fitness  
Classes

Healthy  
snacks/  
nutritional  
guides

Open  
Family  
Swim

Kids get a  
free  
t-shirt!

Parachute  
Games



More information still to come! Contact Marketing & Membership Director Susan Jacobs for more details at 413-499-7650 ext. 42